# Leah Carroll

Office of Undergraduate Research 2414 Dwinelle Hall (office wing) UC Berkeley haas\_scholars@berkeley.edu

### Getting Started in Undergraduate Research

# Why do research?



## Why do research (cont.)?



An elated Jenna having caught dinner in Sukamaju Village.



Nova retrieving her muscle samples from -80°C liquid nitrogen tank.



Isabella by Micha Ullman's Book Burning Memorial. August-Bebel-Platz, Berlin, Germany.

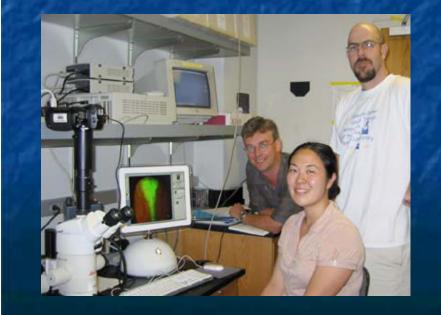




### Two kinds of research

Apprenticeship:
 help a professor
 carry out his/her
 research

get connected to mentors
learn essential research skills
understand the research process





### Two kinds of research

**2. Independent:** carry out a project of your own design

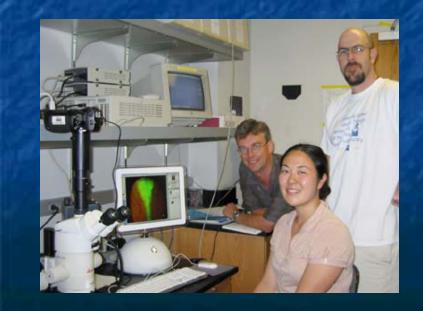
Spread your wings
go deeper into a topic you choose
be first author on a publication/presentation



#### Research in Lab v. Non-lab settings

#### Lab settings

all begin as apprentices
Independent=take piece of lab's work as your project Non-lab settings
1<sup>st</sup> research experience can be independent (your own idea)
Apprenticeship still useful for connections, experience.





### How to get units for your research (to stay sane/healthy, and to *shine*)

Honors thesis (graded, in your major)

 Independent Study: Ungraded, social science/ humanities

 "Research Units"
 (ungraded – sciences, engineering, psychology: 99 or 199)

### Finding a mentor

 Via an apprenticeship program

• Through classes: go to office hours, then "mobilize contacts"

 "strategic doorknocking"



"strategic doorknocking" to find a mentor
1) Search out faculty with interests close to yours.
2) Find out: what are they like to work with?
3) Meet with top candidates. Agenda:

Apprenticeship: ask about their work
Independent: solicit feedback on your idea
Both: establish credibility with resume, reference, transcript, professional attire and approach

4) Compare several; choose favorite; pop the question!
 •Clarify "contract"
 •Clarify why s/he is best match

5) Via email: Do research (1+2), establish credibility, explain your interest, request meeting to discuss possibility of ... (state your own avail); formal business email.

Resources for finding and working productively with mentors, asking for recommendations, and more

http://research.berkeley.edu/ "resources" page

# Why participate in a formal research program?

•Peer support

Staff support

•Structure

\$: travel, time, equipment, supplies, debt reductionrecognition!!

•Extras: GRE prep, Grad admissions help, public speaking training, and publication opportunities



#### How programs vary

Eligibility: GPA, first generation, income, ethnicity, what year in college, which discipline/s, future plans
Apprentice/Independent
Timeline: summer, one semester, academic year
Commitments
\$
size of cohort
Location – at or away from UCB

 Bottom line: There IS at least one program for everyone!!

#### How to apply—application components

**Deadlines:** mostly \*\*early to mid spring\*\* --prepare in fall

#### **Components:**

•Transcript

- •Some: essay re: future plans, past obstacles
- •Recommendation/s
- •For independent research: proposal, supporting documents

#### When you find a program:

•Read web site carefully, attend info sessions, meet w/ prog. coordinator, prepare app early, get several rounds of feedback, apply to multiple programs

#### What are they looking for?

Focus, motivation, drive, enthusiasm
Improving trend on transcript
Solid recommendations
Dependability
Biography – program would strengthen your profile for future plans

#### Where to find them

Research.berkeley.edu

Programs at UCB for Berkeley studentsPrograms away from UCB for Berkeley students

### Please ask me lots of questions!